

A revolutionary step in personalized healthcare is here. Our new platform enables users to upload their DNA test data from leading providers such as 23andMe, AncestryDNA, FamilyTreeDNA, and MyHeritage to receive an extended, in-depth report tailored to their health and wellness.

Harnessing the power of the latest scientific discoveries, our comprehensive DNA reports include:

- **Risk Analysis for Over 50 Diseases:** Understand your genetic predisposition with detailed, science-backed insights, complete with direct citations to PubMed studies.
- **Vitamin and Micronutrient Recommendations:** Get a clear view of your body's potential needs across 13 vitamins and 10 essential micronutrients.
- **Diet Effectiveness Insights:** Discover which diet type aligns best with your genetic makeup to help you achieve weight loss effectively.

Unlike traditional DNA interpretation platforms, our service continuously evolves. New reports and insights are added regularly, ensuring you stay informed about your health as science advances.

"We're not just providing data; we're delivering actionable, personalized insights that empower individuals to take control of their health and wellness," said [Spokesperson's Name], [Title].

Why Choose Us?

- **Science-Driven:** Our analyses are based on rigorous studies and backed by direct links to authoritative research from PubMed.
- **Comprehensive Coverage:** Go beyond ancestry to explore actionable insights into your health, diet, and wellness.
- **User-Friendly:** Upload your DNA file in minutes and receive a report that's easy to understand and implement.

This innovative approach to personalized health opens the door for individuals to make informed decisions about their lifestyle, nutrition, and healthcare needs.

For more information or to start your journey towards better health,

Visit us at: <https://tendna.com/>

Address: 110 W. 7TH STREET, TULSA, OK 74119 - United States

For any inquiries, assistance, or feedback, feel free to reach out:

✉ **Email:** support@tendna.com

☎ **Phone:** Available on our website

💬 **Live Chat:** Available on our website

Homepage: [free dna upload sites](#)

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We're here to help you unlock the power of your DNA!

